



## NEWS RELEASE

**For immediate release: January 29, 2018**

### **CDC Reports Flu Activity Increasing - Snoqualmie Valley Hospital Encourages Flu Vaccinations**

The Centers for Disease Control and Prevention (CDC) most recent Weekly FluView Report [<https://www.cdc.gov/flu/weekly/summary.htm>] indicates that influenza activity continues and that "All U.S. states but Hawaii continue to report widespread flu activity and the number of states experiencing 'high' influenza activity increased from 32 states plus New York City and Puerto Rico to 39 states plus New York City and Puerto Rico."

As such, the CDC continues to recommend influenza vaccination for "all persons 6 months of age and older as flu viruses are likely to continue circulating for weeks," and reminds clinicians and the public about "the importance of antiviral medications for treatment of influenza in people who are severely ill and people who are at high risk of serious flu complications."

The King County Health Department is reporting another week of declining positive influenza cases and declining visits to the Emergency Department for influenza-like illnesses though the rates for both remain high. Sadly, despite these recent trends there were 5 more deaths in King County in the most recent reporting week bringing the total for this flu season to 14 deaths directly related to influenza. There remains value in receiving the influenza vaccine for anyone who has not received it yet. While the rates for prevention this year are slightly lower than prior years, there continues to be benefit for those who receive the vaccine to experience less severe symptoms and a more rapid recovery than those who have not received the immunization.

The clinics of Snoqualmie Valley Hospital continue to provide both vaccinations, testing, and antiviral medication prescriptions at its two clinic locations. Call to make an appointment though walk-ins are welcome.

Snoqualmie Ridge Medical Clinic  
35020 SE Kinsey St.  
Snoqualmie, WA  
425.396.7682

Snoqualmie Hospital Clinic  
9801 Frontier Ave SE  
Snoqualmie, WA  
425.831.2313

**GET A FLU SHOT, NOT THE FLU!**

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